



Warwick Preparatory School
Menu w/c 23.01.2023

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Plum & Ginger Sticky Chicken	Beef & Vegetable Cottage Pie	Pork & Herb Meatballs Thyme Gravy	Honey Glazed Gammon	Beef Burger Brioche Style Bun Tomato Relish
Allergens	G, GFA, S	Free	SD	Free	G, SD, MT
Option 2	Crispy Vegetable Spring Roll Plum Sauce	Root Vegetable & Lentil Cottage Pie	Vegetarian Meatballs Thyme Gravy	Stuffed Sweet Pepper Rice Seasonal Vegetables	Plant Based Burger Brioche Style Bun Tomato Relish
Allergens	C, G, S, SD	Free	G, S	Free	G, S, MT, SD
Option 3	Jacket Potato with Baked Beans, Cheese or Tuna	Pasta Spirals Tomato & Basil Sauce	Jacket Potato with Baked Beans, Cheese or Tuna	Penne Pasta Roasted Cherry Tomatoes Herb Pesto	Vegetarian Bolognese with Penne Pasta
Allergens	M, MT, E, F, DFA	G, GFA	M, MT, E, F, DFA	G, M, E	G, M, S
Accompaniments	Vegetable Egg Noodles Prawn Crackers	Cauliflower Sweetcorn Gravy	Mash Potatoes Carrots	Roast Potatoes Roasted Parsnips & Butternut Squash	Corn on the Cob Oven Baked Potato Wedges
Allergens	E, G, C	Free	Free	Free	Free
Dessert	Berry Pavlova	White Chocolate and Raspberry Blondie	Biscoff Cheesecake	Portuguese Custard Tart	Ring Doughnuts
Allergens	E, M	G, M, S	G, M, S	G, M, E	G, S, M, E

Allergens: C = Celery, G = Gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available

Every day, we also offer a baguette selection and fresh fruit, yoghurt and vegetarian jelly. Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food has been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.