



Warwick Preparatory School

Menu w/c 20.03.2023

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Rogan Josh	Beef Burrito Taco Boats	Breaded Salmon Goujons Citrus Sweet Chilli Mayonnaise	Roast Breast of Chicken Pigs in Blankets Gravy	Warwickshire Pork Sausages Grilled Smoked Streaky Bacon Vegan Sausages
Allergens	M	G	F, G, E, MT	SD	G, SD, S, GFA
Option 2	Paneer & Chickpea Rogan Josh	Vegetarian Burrito Taco Boats	Three Cheese & Spinach Frittata	Roasted Vegan Style Chicken Breast Gravy	Roasted Plum Tomatoes Sautéed Mushrooms
Allergens	M	S, G	E, M	G	Free
Option 3	Jacket Potato with Baked Beans, Cheese or Tuna	Pasta Spirals Roasted Vegetables & Herb Sauce	Jacket Potato with Baked Beans, Cheese or Tuna	Cheese Tortellini Tomato & Basil Sauce	Vegetable Nuggets
Allergens	M, MT, E, F, DFA	G	M, MT, E, F, DFA	G, M, E, MT	G, S
Accompaniments	Steamed Basmati & Brown Rice Naan Bread, Poppadoms, Roasted Cauliflower	Shredded Lettuce Salad, Guacamole, Tomato Salsa, Sour Cream & Chive	New Potatoes Selection of Green Vegetables	Roast Potatoes Roasted Root Vegetables	Mini Hash Browns Baked Beans Scrambled Eggs
Allergens	G	M	G, C	Free	E, M
Dessert	Salted Caramel Brownie	Apple & Blackberry Crumble Custard	American Style Pancakes Warm Blueberry Compote	Chocolate Cracknell	Selection of Ice Creams
Allergens	G, E, M, S	G, M	G, M, E	M	M

Allergens: C = Celery, G = Gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available

Every day, we also offer a baguette selection and fresh fruit, yoghurt and vegetarian jelly. Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food has been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.