

Warwick Preparatory School

## Menu w/c 29.04.2024

| Course         | Monday  | Tuesday                              | Wednesday   | Thursday  | Friday   |
|----------------|---|--------------------------------------|---|---|--|
| Option 1       | Hoisin Chicken with<br>Peppers & Pak Choi               | Breaded Fish with<br>Tartare Sauce   | Pork & Herb Meatballs in<br>a Tomato Sauce        | Roast Breast of Turkey<br>Pigs in Blankets<br>Gravy | Pork Hotdogs<br>Fried Onions                   |
| Allergens      | G, S  | SD, G, F, E                          | SD  | SD  | G  |
| Option 2       | Vegetable Spring Rolls<br>with a Hoisin Dip             | Vegan Schnitzel with<br>Cream Sauce  | Vegan Meatballs in a<br>Tomato & Herb Sauce       | Vegetable Pasty with<br>Riata                       | Vegan Hotdogs<br>Fried Onions                  |
| Allergens      | G, S  | G, M                                 | S, G  | G, M  | C, G, S  |
| Option 3       | Jacket Potato with<br>Baked Beans, Cheese<br>or Tuna    | Pasta Bake with Green<br>Vegetables  | Jacket Potato with Baked<br>Beans, Cheese or Tuna | Pasta Caponata with<br>Garlic Bread                 | Chicken or Vegan<br>Goujons                    |
| Allergens      | M, MT, E, F, DFA  | G, M                                 | M, MT, E, F, DFA                                  | G, GFA  | Free   |
| Accompaniments | Rice Noodles<br>Stir Fried Vegetables<br>Prawn Crackers | New Potatoes<br>Carrots<br>Sweetcorn | Penne Pasta<br>Broccoli<br>Peas                   | Roast Potatoes<br>Selection of Vegetables           | French Fries<br>Baked Beans<br>Corn on the Cob |
| Allergens      | CR, SD  | Free                                 | Free  | Free  | Free   |
| Dessert        | Fruit Crumble &<br>Custard                              | Chocolate Chip Flapjack              | Blueberry, Lemon &<br>Coconut Muffin              | Raspberry Mousse                                    | Selection of Doughnuts                         |
| Allergens      | G, M  | G, S                                 | G, M, E   | М   | G, M, S  |

Allergens: C = Celery, G = Gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available

Every day, we also offer a baguette selection and fresh fruit, yoghurt and vegetarian jelly. Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food has been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.